

# Study Techniques

Below are various study techniques that you can choose to use based on your specific learning style. Add a few of these to your repertoire of study tools and watch your next test grade improve.



Technique/  
Learning W. TJ -0.0

			division. Interphase, Prophase, Metaphase, Anaphase, and Telephase.
Acrostics Good for auditory learners	When you need to remember a list in a certain order.	Create an invented sentence or phrase with a first letter cue: The first letter of each word is a cue to an idea you need to remember.	<u>P</u> lease <u>E</u> xcuse <u>M</u> y <u>D</u> ear <u>A</u> unt <u>S</u> ally. Sequence in solving or evaluating math equations: Paranthesis, Exponents, Multiplication, Division, Addition, and Subtraction.

<p>Loci</p> <p>Good for kinesthetic learners</p>	<p>For lists (that don't necessarily have to be in order).</p>	<p>Select any location that you have spent a lot of time in and know well. Walk around this area, touching places as you remember each item. Repeat to remember. During the test, picture each place you went.</p>	<p>Erikson's Stages of Development:</p> <ul style="list-style-type: none"> <li>*Closet= trust/mistrust (infant)</li> <li>*Dresser= autonomy/shame (toddler)</li> <li>*Bed= initiative/guilt (preschooler)</li> <li>Etc. ...</li> </ul>
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Loci (cont.)

For lists (that don't

Good for visual learners

